



## The Anthroposophical Society as a Michael Community: On the Word 'We' in the Foundation Stone Meditation (1st New edition)

By Paul Mackay, Douglas Miller

Temple Lodge Publishing. Paperback. Book Condition: new. BRAND NEW, The Anthroposophical Society as a Michael Community: On the Word 'We' in the Foundation Stone Meditation (1st New edition), Paul Mackay, Douglas Miller, 'What lies spiritually and cosmically at the foundation of a community like the Anthroposophical Society? In wrestling with this question, I have come to the inner conviction that it is justified to speak of the Anthroposophical Society as a Michael community.' - Paul Mackay How can one understand Rudolf Steiner's use of the word 'we' in the last part of the Foundation Stone Meditation ('What we found from our hearts and direct from our heads with focused will')? What characterizes this 'we'? In the first part of this original and inspiring work, Paul Mackay takes this question as a point of departure, developing a unique approach to working with the seven rhythms of the Meditation. Based on personal experiences, he comes to the conclusion that the rhythms are an expression of the members of the human constitution, with the 'we' in the fifth rhythm having the quality of 'Spirit-self'. The second part of the book considers the same 'we' from a karmic perspective, with reference to Rudolf Steiner's...



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