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Better: How I Let Go of Control, Held on to Hope, and Found Joy in My Darkest Hour (Hardback)

By Amy Robach

Ballantine Books, United States, 2015. Hardback. Book Condition: New. 241 x 160 mm. Language: English . Brand New Book. NATIONAL BESTSELLER I have breast cancer. When Good Morning America anchor Amy Robach revealed her shocking diagnosis on live television in November 2013, the seasoned news reporter embarked on the most difficult and illuminating journey of her life. In this intimate memoir she retraces the twelve months following her announcement and speaks candidly, for the first time, about how her illness affected her family life and her marriage, tapped into her deepest fears and strengths, and transformed her in ways she never could have imagined. Only weeks earlier, in September 2013, ABC producers asked Robach to get an on-air mammogram to highlight Breast Cancer Awareness Month. Her first instinct was to say no there was no history of cancer in her family, she was only forty years old, and she felt strange drawing attention to herself when she had no personal connection to the issue. (She d been meaning to get her first mammogram that year but had conveniently lost the prescription.) Her colleague Robin Roberts, herself a cancer survivor, convinced her to do it with one simple sentence: I can...



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