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The Superman Syndrome--The Magic of Myth in the Pursuit of Power: The Positive Mental Moxie of Myth for Personal Growth

By Gene Landrum

iUniverse, Inc. Paperback. Book Condition: New. Paperback. 246 pages. Dimensions: 8.9in. x 6.0in. x 0.8in. The Positive Mental Moxie of Myth for Personal Growth Joseph Campbell defined a myth as a life-shaping image, a metaphor that creates a hero out of those who heed it. Author Dr. Gene Landrum takes Campbells definition one step further by offering a variety of motivational techniques that will propel you to heroic success. Dr. Landrum describes the superman syndrome as a series of common behaviors that permit an otherwise average person to rise above the norm. He points out that some of the worlds most renowned visionaries-Catherine the Great, Walt Disney, and Ian Fleming-did not conform to tradition because they modeled their behavior on heroic ideals and mythical mentors. Learn how to transform your life from ordinary to extraordinary by focusing on several key ideas: Chasing money is entropic and the path to the poorhouse Happiness is a side effect of being-never trying Romance only comes to those not trying to find romance Anxiety is a by-product of unrealistic expectations Breakdown leads to breakthrough Being stupid is the pathway to being smart Do you have the Superman Syndrome Test yourself to find out! This item ships from...



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