



The Dad's Playbook to Labor Birth: A Practical and Strategic Guide to Preparing for the Big Day

By Halvorsen Theresa, Theresa Halvorsen, Brad Halvorsen

Harvard Common Press, United Kingdom, 2012. Paperback. Book Condition: New. 246 x 226 mm. Language: English . Brand New Book. The Dad's Playbook to Labor and Birth is a basic guide for the man who wants to help his partner in labor but who doesn't want to study obstetrics or question a doctor's advice, and who may even feel uncomfortable about witnessing a normal birth. The book is written in a simple, straightforward manner and assumes that the reader is male and that the birth is taking place in a hospital--and that the mom will probably want an epidural. Its tone is lighthearted and often quite humorous. The chapters are arranged chronologically, from late pregnancy through the early postpartum period. Unusual features include advice on understanding a woman's needs by analyzing her personality and tips for the dad who is prone to fainting or nausea.



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Reviews

This publication is wonderful. Better than never, though I am quite late in starting to read this one. I am very happy to tell you that here is the best book we have read through in my personal daily life and could be the finest pdf for actually.

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These kinds of publications are everything and made me hunting ahead of time and more. I have got read through and I am confident that I am going to study yet again yet again later on. It's been printed in an extremely basic way in fact it is only after I finished reading this pdf in which it transformed me, altered the way I believe.

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