



Streb: How to Become an Extreme Action Hero

By Elizabeth Streb

Feminist Press at The City University of New York. Paperback. Book Condition: new. BRAND NEW, Streb: How to Become an Extreme Action Hero, Elizabeth Streb, Elizabeth Streb has been testing the potential of the human body since childhood. Can she fly? Can she run up walls? Can she break through glass? How fast can she go? With clarity and humor--and with a world-class dance troupe called STREB--she continues to investigate what real movement is and has come to these conclusions: It's off the ground! It creates impact! It hurts trying to stop it! In this pathbreaking book, Streb combines memoir and analysis to convey how she became an extreme action dancer/choreographer, developing a form of movement that's more NASCAR than modern dance; more boxing than ballet. Once called the Evel Knievel of dance, Elizabeth Streb intertwines the disciplines of dance, athletics, rodeo, the circus, and Hollywood stunt-work. She founded STREB in 1985, which performs internationally in theaters, museums, and town squares. She established S.L.A.M. (STREB Lab for Action Mechanics) in 2003, a factory space in Williamsburg, Brooklyn, which produces a cottage industry of extreme action performances and invites everyday people to wonder about movement, gravity, and flight. Actor, playwright, and...



READ ONLINE
[1.78 MB]

Reviews

This written book is excellent. it absolutely was writtern extremely completely and useful. You may like how the article writer write this ebook.

-- **Dayton Stracke I**

This pdf is wonderful. This can be for anyone who statte there had not been a well worth studying. You are going to like just how the writer write this pdf.

-- **Mrs. Adriana Schmidt V**

See Also



Runners World Guide to Running and Pregnancy How to Stay Fit Keep Safe and Have a Healthy Baby by Chris Lundgren 2003 Paperback Revised

Book Condition: Brand New. Book Condition: Brand New.



On the Go with Baby A Stress Free Guide to Getting Across Town or Around the World by Ericka Lutz 2002 Paperback

Book Condition: Brand New. Book Condition: Brand New.



Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet

14 Hands Press, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Have you ever told a little white lie? Or maybe a bigger one that wasn t even white?...



Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback

Book Condition: Brand New. Book Condition: Brand New.



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators need to implement early childhood inclusion through...